

OUTDOOR EDUCATION PACKING LIST

The following is a recommended list of clothing and gear to bring on camp.

Please note: If you are doing a campout or expedition, we will issue you with a backpack upon arrival. A reminder that we provide a Wilderness Experience - do not bring your best clothes/shoes with you.



Day Pack

***EXPEDITION ONLY.** Standard school style backpack to take to activities.



Sleeping Bag

Good quality 3 season sleeping bag. Avoid sleeping bags that can't be packed down small.



Sleeping Mat

Self-inflating sleeping pad, provides insulation from the cold ground. Can also bring a foam sleeping mat (yoga mat).



CLOTHING



3x T-Shirt

Comfortable t-shirt for under layers and day-use. **NO CROP TOPS OR SINGLETS.**



Swimmer Top + Bottom

Rash vest / long sleeve swimmer top, and appropriate bottoms (e.g. boardshorts).



Pants

Light, breathable hiking pants and warm evening pants (e.g. trackpants).

NO JEANS.



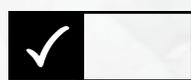
Long Sleeve Shirt

Breathable hiking shirt for sun protection and comfort on hikes.



Sun Smart Hat

Broad brimmed hats are preferred, but a cap will be fine. Essential for sun protection.



2x Shorts

Quick dry shorts are best. Opt for long shorts to prevent rubbing when wearing a harness.



WINTER ITEMS



Thermals

Thermals (not cotton) for under layers and night time.



Down Jacket

A warm jacket for the evenings. Down-jackets are highly insulating and a good option when considering warmth vs weight.



Polar Fleece/Wool Jumper

Polar fleece or wool jumper (no cotton). Fleece and wool will remain warm when wet and also dry quick.



Beanie/Ear Wrap

For when it gets cold in the evening. Can also be used when sleeping for added warmth.



Gloves

Used in the evening if it's cold or during cooking.



Rain Jackets

Good sturdy rain jacket.
NO PLASTIC PONCHOS.



MISCELLANEOUS



Pyjamas/Sleepwear

Something to sleep in.
Thermals can also be pyjamas.



Socks/Underwear

Longer than ankle socks, comfortable for long walks and big days.



Towel

1x small towel that packs small and lightweight. Microfibre is the best option.



Shoes

Wear sturdy runners or hiking shoes, suitable for long walks and outdoor activities. Old runners are best as they may get dirty. **NO CROCS OR THONGS.**



Water Shoes

Shoes to be worn in the water during swimming and canoeing to protect feet. Must be enclosed toe (e.g. Dunlop Volleys, old sneakers, or water sandals).



Head Torch

With spare batteries (or if USB charged, please fully charge prior to camp).



ESSENTIAL ITEMS



1.25L Water Bottle

2 x 1.25 Litre sturdy water bottles.



Sunscreen/Hand Sanitiser

Personal sunscreen and small hand sanitiser.



Cup Bowl Plate Cutlery

Plastic or metal, lightweight.



Dilly Bag

***OPTIONAL.** Mesh or material bag for carrying/storing cup, plate, bowl and cutlery.



Tea Towels

1X towel that packs small, lightweight microfibre is the best option.



Garbage Bags

Must be strong, durable for waterproofing and to prevent tears.
***Bring extra if doing an expedition camp.**



TOILETRIES



**Toothpaste +
Toothbrush**



**Sunscreen +
Hand Sanitiser**

Personal sunscreen and small
hand sanitiser.



Deodorant

Roll on **ONLY**.



**Hair Brush
Or Comb**



TOILETRIES



Insect Repellent



Wet Wipes



Chap stick or lip balm



Medication

If required.



DO NOT BRING



Electronics

I.e. Mobile phones, iPad, etc.



Individual Wrapper Lollies

I.e. Including sweets, biscuits, chocolate etc.



Pocket, flick or steak knives



Suitcases, Sport Bags, etc.



Filmsy Water Bottles

I.e. Water bottles that easily crack or break.



Please note: We request all items are labelled with your name. Lost property will only be kept for one week, we are happy to post it back to you at your own expense or you can collect it from Camp Kokoda/Kokoda Park.

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